

**REGISTRATION – (PLEASE PRINT)**

Illegible and incomplete applications will not be accepted. Make checks payable to: Mecklenburg County YMCA.

Name: \_\_\_\_\_

Telephone: (\_\_\_\_) \_\_\_\_\_

Street/Route Address: \_\_\_\_\_  
\_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

E-mail: \_\_\_\_\_

Age on race day: \_\_\_\_\_ Sex: (circle) F M

Tee Shirt Size (5K only): S M L XL

5K Run / Walk

1 mile fun run

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**PARTICIPATION WAIVER**

I, the undersigned entrant (parent or guardian if under 18) desire to participate in the 2019 Mecklenburg County YMCA 5K Run/Walk or 1-Mile Fun Run, and agree to indemnify and serve harmless all sponsors, their representatives, and any other persons assisting with the race from any and all claims of any nature for injury or loss that may result from my participation in said event. I understand the risk associated with strenuous physical activity and in entering assume full responsibility for any risks associated therein. I hereby fully consent to emergency medical care to be rendered by competent medical personnel in the event I should require such attention during the Mecklenburg County YMCA 5K Fun/Walk or 1-Mile Fun Run on July 20, 2019. My signature also acknowledges that any photos taken at this event may be used for promotional purposes.

Mecklenburg County YMCA  
1567 Noblin Farm Road  
Clarksville, VA 23927  
(434) 374-5858

SIGNATURE (parent sign if under 18)

\_\_\_\_\_

Date: \_\_\_\_\_

Amount Enclosed \$ \_\_\_\_\_



presents

**Lakefest/YMCA**

**5K Race**

**&**

**Youth Fun Run**

**(3.1 miles 1 mile)**

**Saturday**

**July 20, 2019**

*(Rain or Shine)*



## THANKS

The Mecklenburg County YMCA would like to thank *the Chamber of Commerce, the Clarksville Police Dept., the Mecklenburg County Rescue Squad, and the Clarksville community* for their help and support with this race.

## REGISTRATION

ONLINE:

<https://runsignup.com/Race/VA/Clarksville/ClarksvilleYMCALakeFest5KRunWalk>

Registration forms may be dropped off at either location of the Mecklenburg County YMCA  
Clarksville or Chase City,  
or mailed to the following address:

Mecklenburg County YMCA  
1567 Noblin Farm Rd.  
Clarksville, VA 23927

Checks should be made out to the Mecklenburg County YMCA.  
Please include the registration form with payment.

Registration will be accepted on race day until 7:30 am.

Call 374-5858 for more info.



## SITE INFORMATION

**1-Mile Fun Run** - begins 8:00 AM at the A Plus near the intersection of Hwy 58 and Hwy 15.

Parking is available in the A Plus on the Lake Sunoco parking lot



**5K Run/Walk** - begins at 8:30 AM at the A Plus's parking lot.



## COURSE DESCRIPTION

5K run/walk (**3.1 miles**) straight across the bridge into Clarksville – then the course gets interesting! Lots of inclines and declines. Loop by the lake & through historic homes of Clarksville.  
Starts and finishes at A Plus. There will be a water station available along the way. In addition, there will be post race refreshments.



## ENTRY FEES

\$30 per person for all participants registered before July 20nd.  
\$35 per person for all participants registering on race day.  
\$5 per person ages 12 and under for 1-Mile Fun Run

❖ Entry fee includes t-shirts but anyone that signs up after July 5 will receive their shirt at a later date

## AWARDS

Winner trophies to the first through third overall male and female participants in the 1 mile children's fun run and medals to all 1 mile fun run participants.

Trophies to the first overall male and female participants in the 5K run/walk.  
Medals to the top three male and female runners in the 5K in the following age groups:  
Male and Female: 19 years and under, 20-30, 31-40, 41-50, 51-60, 61-70 and 71 and up.

